

AMON & ANIS ORGANIC VEGAN SUNSCREENS with mineral filter

Amon & Anis organic vegan sunscreens contain a natural mineral zinc oxide (free from nano-particles). When we apply the sunscreen to the skin, we also apply particles of zinc oxide to the surface of the skin, which mechanically protect the skin from sun rays. If these particles get rubbed off, washed off or removed in any other way from the skin, then the sun protection can be significantly reduced or even nullified.

If till now you have used sunscreens with synthetic UV filters, you have to know that these work differently than mineral filters. Synthetic UV filters are absorbed into the skin, which can make them in some cases more durable, however, at the same time the skin absorbs an unknown quantity of synthetic chemicals.

Amon & Anis organic vegan sunscreens are laboratory tested. They offer a high protection UVA+UVB SPF 30 and are suitable for gentle skin and children.

DETAILED INSTRUCTIONS FOR USE Amon & Anis organic vegan sunscreens

**PLEASE CAREFULLY READ AND CONSIDER THE INSTRUCTIONS FOR USE AND WARNINGS
BELOW!**

I. SUNSCREEN DOSING

Sun protection depends on the application amount of sunscreen to the skin. The recommended application for an adult for a guaranteed protection is 34 g. Children of approximately 10 years of age need to apply a lesser amount of sunscreen, approximately 18 g. A LESSER APPLICATION AMOUNT THAN RECOMMENDED SIGNIFICANTLY REDUCES THE SUN PROTECTION. The bigger the surface area of the skin, more sunscreen has to be applied for effective protection, while smaller the surface area of the skin is, less sunscreen has to be applied for effective protection. The recommended values are used as average values of skin surface area for an adult and child of 10 years of age.

2. WHEN TO APPLY THE SUNSCREEN?

Apply the sunscreen before sun exposure.

3. REPEAT THE APPLICATION OF THE SUNSCREEN MANY TIMES THROUGHOUT THE DAY

For effective protection it is not enough to apply the sunscreen only once per day (i.e. in the morning), the application has to be repeated many times throughout the day. Especially after sweating, bathing, swimming or wiping with a towel reapply the sunscreen and preserve the

protection. Because the protection is mechanical, the sunscreen can be removed also by, i.e.: lahko kremo odstrani tudi na primer: rubbing against a backpack, t-shirt, cap, etc.

4. AWARENESS OF THE SKIN DURING SUN EXPOSURE

When using the sunscreen during sun exposure, be aware of your skin and in the case of redness increase the application amount and retreat into the shade. If you are using an organic sunscreen with a mineral filter FOR THE FIRST TIME, be especially aware of how the skin reacts to sun exposure.

5. GRADUALLY LENGTHEN SUN EXPOSURE TIME

Although we can impatiently anticipate the first warm days in the spring and summer, please consider that the skin has usually not been exposed to the sun for longer periods during winter and that the first longer sun exposure can be a shock to the skin. When you are enjoying the sun for the first time in the year expose the skin at first only for a few minutes, and gradually, each day lengthen the sun exposure time, till the skin gets adjusted to the new conditions.

WARNINGS

And do not forget, that even when using a product for sun protection, do not stay exposed to the sun for too long. Take the responsibility for your health into your hands and consider exposing yourself to the sun in moderation. Although sometimes during the day you can have the feeling that the sun cannot harm you, be aware that the feeling can also be deceiving. The skin of the youngest is even more delicate and sensitive than adult skin, that is why babies and small children should not be exposed to the sun directly. Overexposure to the sun seriously threatens your health.